

# Palliative Care Program Guide for Healthcare Providers



Islands Hospice



## When is Palliative Care Right for a Patient?

Palliative care can be an extra layer of support for patients needing help with the following:



Managing complex and specific pain and symptoms, medications, and care coordination in-home or through telehealth



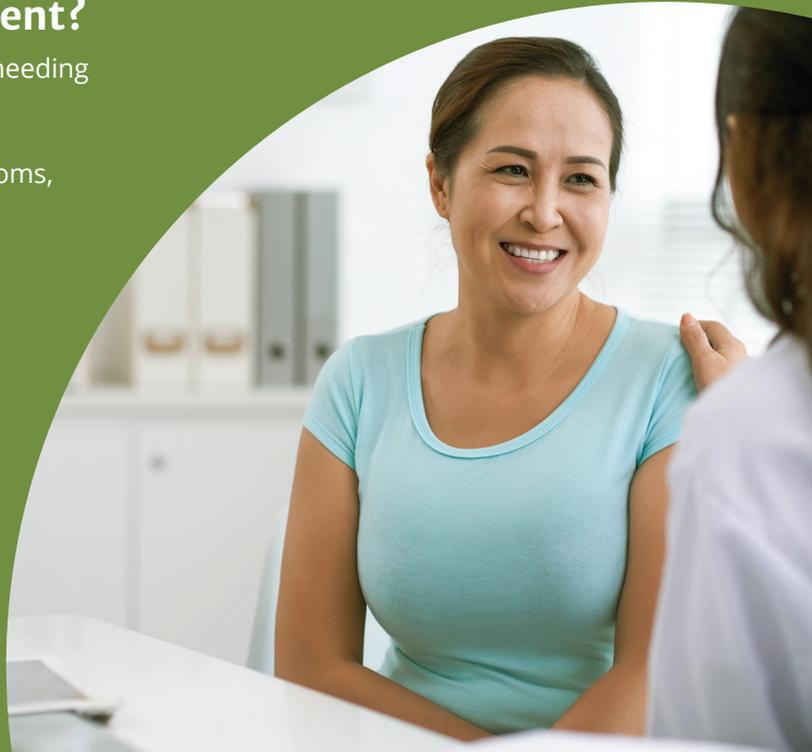
Establishing goals of care and advance care planning



Accessing disease-specific education and 24/7 telephonic nursing support



Breaking a cycle of rehospitalizations or readmissions



## Islands Pathways\*

We have three tiers within our palliative care program to fit your patients' needs. We can assist with **same-day consultations** to determine the appropriate pathway.

### Transitional Palliative Care

- For patients with chronic illnesses, frequent hospitalizations, or multiple provider visits
- Support is available following facility discharge, including help with advance care planning, applications for financial or medical assistance, and facilitating access to food and other community resources

### Assistive Palliative Care

- For patients that require additional pain and symptom management
- Nurse practitioner consultations and symptom management, **typically 1-2 visits per month**, and social work assistance. We also collaborate with other community providers and offer chaplain services

### Comprehensive Palliative Care

- For patients eligible for HMSA Supportive Care, but do not have the benefit, or hospice services but choose to pursue treatments for their life-limiting illness
- Primarily seen by nurse practitioners **weekly**, with social work and chaplain services as needed

*\*Duration: Based on patient needs and interdisciplinary team (IDT) assessments*

## How to Refer a Patient

Please call us at **808.550.2552**. Provide the patient's name, contact information, and a brief overview of their medical condition.

Our intake coordinator will promptly review the referral and reach out to the patient to schedule an initial assessment.

## What Happens After Your Referral

### Assessment

Our palliative care team will conduct a thorough assessment to understand the patient's needs, goals, & preferences.

### Care Plan Development

Based on the assessment, we will create a customized care plan that addresses pain management, symptom control, emotional support, & any other patient concerns.

### Ongoing Support

Our team will regularly visit the patient, monitor their progress, & adjust the care plan as needed. We can assist with same-day consultations to address urgent needs.

### Medication Management

We will manage medications based on the patient's needs & physician preferences.

### Collaboration

We maintain open lines of communication with referring providers, keeping you informed about your patient's progress & involving you in the decision-making process.